



"Take heart, it is I; do not be afraid."

~ Matthew 14: 27

Trinity United Methodist Church
Alexandria, Virginia

7th Sunday after Epiphany
February 24, 2019
Eleven o'clock in the morning



CONNECTING
GROWING
SERVING
CELEBRATING

THE ORDER OF SERVICE

**Please stand in body and/or spirit.*

*Out of reverence for God and respect for fellow worshipers, please silence all electronic devices.
Childcare for preschool aged children (birth-preK) is available in our nursery (downstairs, room 105).
Children's Worship (for elementary aged children) meets immediately following Children's Time
upstairs in room 206. Please see an usher for more information.*

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WELCOME AND ANNOUNCEMENTS

Pastor Grace Han

*Welcome to Trinity United Methodist Church. God's love be in us and among us as we greet all who enter our doors as children of God.
Please take a moment to complete the Connection Card and prepare to place it in the offering plate later in the service.*

PREPARATION FOR WORSHIP

Rhosymedre

arr. Ralph Vaughan-Williams

INTROIT

Sing Praise to God, the Highest Good

***CALL TO WORSHIP**

Mary Gillman

The earth shakes, the mountains quake - tempting our hearts to fear.

**God is our refuge and strength,
a very present help in trouble.**

Storms rage and winds swirl, and we fear our safety.

**God is our refuge and strength,
a very present help in trouble.**

In the midst of chaos, you make wars cease to the end of the earth.

**God is our refuge and strength,
a very present help in trouble.**

Therefore let us gather together as God's people,
let us live lives of courage and hope.

God is our refuge and strength, a very present help in trouble.

***HYMN**

O for a Thousand Tongues to Sing

Hymnal no. 57

PRAYER OF CONFESSION AND PARDON

Pastor Grace Han

God we confess to you that sometimes it seems our greatest enemy is fear.

**Fear that we are not good enough, far that we have not worked hard enough,
fear that we will not live long enough to see the goodness of God in our lives.**

**We confess that these fears have kept us from loving our neighbors,
from caring for the poor, from reaching out to the lonely,
and standing up for the oppressed.**

Forgive us we pray. Heal us we pray.

Strengthen us to live in the unity that you grant us.

(All offer prayers of confession in silence)

By Christ's work,

we are reconciled and united with God and with one another.

Through Christ's life, death, and resurrection, we find forgiveness, healing,
and restoration.

In the name of Jesus Christ, we are forgiven. Glory be to God, **Amen.**

***THE PEACE**

All exchange signs and words of peace and reconciliation.

CHILDREN'S TIME

Holly Stowell

*Immediately following Children's Time, elementary aged children are welcome to participate in Children's Worship upstairs in room 206.
Children will return to worship during the last hymn.*

ANTHEM

Pilgrims' Hymn

Stephen Paulus

Even before we call on Your name to ask You, O God, when we seek for the words to glorify You, You hear our prayer. Unceasing love surpassing all we know. Glory to the Father, and to the Son and to the Holy Spirit. Even with darkness sealing us in, we breathe Your name. And through all the days that follow so fast, we trust in You. Endless Your Grace. Beyond all mortal dream. Both now and forever, and unto ages and ages. Amen.

SCRIPTURE LESSON

Proverbs 19: 21-23

Pew Bible, OT, Page 603

Mary Gillman

The Word of God for the people of God. **Thanks be to God.***GOSPEL ACCLAMATION (*Please sing before and after the Gospel Lesson.*)

Paul Taylor

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

*GOSPEL LESSON

Matthew 14:22-33

Pew Bible, NT, Page 16

Pastor Grace Han

The Gospel of the Lord. **Praise to you, O Christ.**

SERMON

“Courage in Uncertain Times”

Pastor Grace Han

CONGREGATIONAL PRAYER FOR THE UNITED METHODIST CHURCH

Pastor Grace Han

Gracious and loving God,

who leads, teaches and guides,

You who offer compassion, grace and mercy, be with us now.

We passionately seek Your presence during challenging times

and circumstances and we trust that you are moving in and around our lives.

We, as one part of your Body, the Church,

go into the days and weeks ahead seeking to discern

Your deep desire for us as The United Methodist Church.

Give us courage as we continue to live and

respond to Your invitation to be Your hands, feet and voice.

We ask for a fresh wind of Your Spirit

and guidance for each of us as individuals,

for the faithful congregations,

and for this global community of United Methodists.

We ask for Your wisdom and presence for those among us

who have been called to serve as delegates as the

Special Session of General Conference gathers today.

Grant them clarity and a discerning spirit as they seek to listen for You in their midst.

Reveal to them Your deep desire for our future as a church.

Give them and us the faith to lay aside our personal wants

and needs so that we can be truly present to You,

sit with You in reverence and awe,

and listen deeply for the still small voice that woos us,

comforts us, and invites us to that place where we can live fully

and wholly into the Kingdom life that You desire for us.

We lay all this before You as the deep desire of our hearts and minds in the name of Jesus, the Christ. **Amen.**

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom, and the power, and the glory forever. Amen.**

INVITATION TO THE OFFERING

Pastor Grace Han

OFFERTORY ANTHEM

Fanfare Festiva
Trinity Ringers

Barbara Werner

*THE DOXOLOGY

Hymnal no. 94

**Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!**

*OFFERTORY PRAYER

Pastor Grace Han

**Lord God,
we thank you for your faithfulness.
You are an abundant God and
out of your great mercy you have given us so much.
We give you this offering today and with it we worship you and
give our whole selves to you.
We pray that it will be used for your kingdom and your glory.
Extend and multiple its reach and influence and
may it be a great blessing to many.
We ask all this in the powerful name of Jesus, Amen.**

*HYMN

Where Charity and Love Prevail

Hymnal no. 549

*DISMISSAL WITH BLESSING

Pastor Grace Han

*CHORAL RESPONSE

A Clare Benediction

John Rutter

May the Lord show his mercy upon you; may the light of his presence be your guide: May he guard you and protect you; may his spirit be ever by your side. When you sleep, may his angels watch over you; when you wake, may he fill you with his grace: May you love him and serve him all your days' Then in heaven may you see his face.

*POSTLUDE

Toccata

Gilbert Martin

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SUNDAY MORNING AT TRINITY

Today's anthem is the final chorus from Stephen Paulus' church opera, *The Three Hermits*. Michael Dennis Browne, librettist, was inspired by Leo Tolstoy's retelling of the Russian folk tale. Browne says of the Pilgrims Hymn "...With the exception of the last two verses in the opera, almost all the words which the pilgrims sing are taken from the Russian Orthodox liturgy. It had always been my intention to close the work with some original hymn words, based on the verses from the sixth chapter of Matthew which form the epigraph to the work. When I heard Stephen's deeply stirring setting of the evening hymn which closes the second scene, I proposed to him that I re-write my provisional words to match the meter of this setting and that the melody might conceivably return at the conclusion of the piece. He was willing to entertain this possibility and so it proved--the melody returns, now in a new key, the "Thee" and the "Thou" have become "You," and in this way we modern pilgrims are linked to those of another time and place, who sing, at the end of the work as at the beginning, a song of homage, praise, and love to God." **Today's choral benediction:** *A Clare Benediction* (1998), is one of a number of choral blessings written by John Rutter over the years, in every case for a person or institution of special significance to the composer. This piece was written in honor of Clare College Cambridge where John Rutter was Director of Music (1975-79). With words and music by Rutter, his work "pleads for an intimate protection over the recipient. The Lord's presence is invoked: His mercy and presence, guardianship and guidance. He is invoked over sleeping and waking, life and afterlife. The choral voices sing the blessed verses in complete symmetry...The harmony tends toward comforting tonality." (*some notes from Timothy Dickey*)

Those Assisting in Worship Today

Acolyte: Andrew Maucieri

Crucifer: Leo Maucieri

Guest Organist/Director: Virginia Sircy

Liturgists: Mary Gillman

Greeter: Jill Robinson

Ushers: Claire Kinnane, Pat Nordine, Lucelle O'Flaherty (Head Usher), George Pinn

The flowers on the Altar are given to the Glory of God and in honor of Virginia Sircy. We have been very blessed to have Virginia as our interim organist/director for the past two months, while Linda Cancellieri was recovering from shoulder surgery. Virginia's interim has provided Trinity's music program with continuity for both choirs and congregation. All have enjoyed her excellent musicianship and delightful sense of humor. She has been a frequent accompanist for our special music programs, and we look forward to seeing her again.

Nursery (9:45 AM - 12:15 PM): For children birth-preK (Room 105, downstairs, around the corner to the left, first door on the right). Led by Luz Reyes and Helen Simms.

Children's Worship: During the 11 AM worship, elementary aged children (K-5) are invited to participate in an age appropriate time of worship. After Children's Time, join Carrie Pritts upstairs in room 206 for Children's Worship. Children will return to the Sanctuary at the end of service, during the last hymn.

Sunday School (10-10:45 AM):

- ◆ Children (K-5) - Room 206
- ◆ Youth (6-12) - Chapel
- ◆ Adult Forum - Fellowship Hall

TRINITY UMC'S WEEKLY NEWS

Prayers for Special Called General Conference: This weekend, our denomination, the United Methodist Church, is meeting in St. Louis, Missouri at a Special called General Conference to find a way forward through the denomination's disagreements about same-sex marriage and the ordination of LGBTQ clergy. During the weekend, delegates representing United Methodist churches from around the globe will consider plans for the denomination to move forward together. In the great diversity of our churches, how can we remain faithful to God's calling for us as a denomination? As the General Conference continues, please be in prayer for our delegates, our bishops, translators, organizers, and local churches. For up to date information, visit UMC.org/GC2019. The entire General Conference will also be live-streamed. For additional questions or concerns, contact Pastor Grace at pastor@trinityalexandria.org.

Today, Sunday, February 24th in Christian Formation: Children's Sunday meets upstairs in room 206 at 10 AM. Class will be led by Mike Moran and Shauna Root and they will be discussing the wisdom of Solomon and the wisdom we pass around our families of origin. Youth Sunday School meets in the Chapel at 10 AM and will be led by Carrie Pritts and Claire Kinnane. They will be continuing their look at the book of Acts and the acts of the apostles. Adult Forum meets in the Parlor at 10 AM and will be led by Mary Beth Buchholz and will focus on prayer and meditation with a renewal on its focus during the season of Lent. Youth Group (grades 6-12) will be at Beverley Hills UMC at 5:30 PM with a light supper and we will be looking at another parable of Jesus. Hope you can join us!

During the season of Lent, we will be gathering for Lenten Suppers on Sunday evenings hosted by members of our church. In a season of reflection and preparation, we invite to you join us for dinner and discussion (led by Pastor Grace) drawing from the Luke readings from the prior week. You can RSVP on the back of the purple Lenten Supper card and place in the offering plate or contact Jenessa in the Church Office at office@trinityalexandria.org.

Intergenerational Breakfast and Forum: Join us next Sunday, March 3rd at 9:45 AM for the Intergenerational Breakfast and Forum. We will kick off our Lenten season with a Lenten themed morning, including a Lent board game and Lenten challenge. For additional questions or concerns, contact Mary Beth Buchholz at marybeth@freespiritfloral.com.

Confirmation for 8th-12th graders: For current 8th-12th graders who have not yet been baptized or completed confirmation, and seeking to find out what that means, good news! Pastor Grace Han will offer a 4 week Confirmation class for older teens on Sunday mornings at 10 AM from March 10-31, 2019. Contact Pastor Grace to participate at ghan@trinityalexandria.org.

The graphic features a white circular background with a red church icon at the top. To the left is a teal fork and to the right is a teal knife, both on orange handles. The text 'Trinity's Table' is in a large, black, cursive font, with 'Wednesday, February 27th' and '5:30 - 7:00 PM' in a smaller, black, sans-serif font below it. The menu items are listed in a black, sans-serif font, with 'Menu' underlined. The pricing and RSVP information are at the bottom.

Trinity's Table
Wednesday, February 27th
5:30 - 7:00 PM

Menu
Chicken Souvlaki
French Fries
Vegan: Falafel Burger
Children's Menu: Chicken Nuggets and Fries
Salad
Dessert

\$8 per Adult meal/\$5 per Child meal
\$25 per family of 4 (2 Adults/2 Children)
Children - 12 years old and younger
RSVP on the Connection Card or by sending an email to office@trinityalexandria.org.

THIS WEEK AT TRINITY UMC

Sunday	02/24/2019	7th Sunday after Epiphany
	9:45 AM	Nursery Opens (Nursery - Room 105)
	10:00 AM	Children's Sunday School (Room 205)
	10:00 AM	Youth Sunday School (Chapel)
	10:00 AM	Adult Forum (Fellowship Hall)
	11:00 AM	Worship (Sanctuary)
	5:30 PM	Youth Group (Beverley UMC)
Tuesday	02/26/2019	
	7:00 PM	Boy Scout Troop #113 (Fellowship Hall)
Wednesday	02/27/2019	
	9:15 AM	Trinity Preschool - Fur, Feathers, and Scales Visit (Fellowship Hall)
	5:30 PM	Trinity's Table (Fellowship Hall)
	6:00 PM	Centering Prayer (Chapel)
	6:15 PM	Choristers Rehearsal (Music Suite)
Thursday	02/28/2019	
	6:00 PM	OAR Meeting (Fellowship Hall)
	6:15 PM	Trinity Ringers Rehearsal (Sanctuary)
	7:00 PM	Boy Scout Troop #113 (Chapel)
	7:45 PM	Chancel Choir Rehearsal (Music Suite)
Sunday	03/01/2019	8th Sunday after Epiphany
	9:45 AM	Nursery Opens (Nursery - Room 105)
	9:45 AM	Breakfast & Intergenerational Forum (Fellowship Hall)
	11:00 AM	Worship (Sanctuary)
	5:30 PM	Youth Group (Trinity UMC)



The Welcome Statement of Trinity United Methodist Church is:

"Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." Matthew 10:40

Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. As God's love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience. We recognize that we are all different, and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.

The Mission of Trinity United Methodist Church is:

Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.

TRINITY UMC'S SAVE THE DATES

Wednesday, March 6th: Ash Wednesday

Trinity's Table - Pancake Supper at 5:30 PM

Ash Wednesday Service at 7:30 PM

Saturday, March 9th: Daylight Saving Time Begins - Don't forget to set your clocks to "spring" forward an hour.

Friday, March 15th: Ruth Hartley Internment Service at Arlington, Cemetery 1 PM

Saturday, April 6: Neighborhood Easter Egg Hunt 10 AM - 12 PM

Sunday, April 14th: Palm Sunday - Annual processional with donkey. Worship to follow at 11:00 AM.

Thursday, April 18th: Maundy Thursday Service at 7:30 PM with special music accompanied by cello.

Friday, April 19th: Good Friday Service of Tenebrae at 7:30 PM

Sunday, April 21st: Easter Sunday - Worship begins at 10:45 AM with a choral prelude. The Festive Easter Service continues with all choirs participating, accompanied by strings, organ and trumpet. The service concludes with the congregation and choir singing the Hallelujah Chorus.



Trinity United Methodist Church

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Monday - Thursday 9 AM - 5 PM | Friday 9 AM - 2 PM

Find us on the Web: www.trinityalexandria.org | Facebook: *Trinity UMC-Alexandria*

Trinity United Methodist Church Staff

Resident Bishop

Alexandria District Superintendent

Pastor

Director of Music

Director of Christian Formation

Administrative Assistant

Head of School, Trinity Preschool

Office Manager, Trinity Preschool

Nursery Supervisor

Nursery Assistant

Buildings and Grounds

Accountant

Bishop Sharma D. Lewis

Rev. Jeff Mickle

Rev. Grace Han

Linda Cancellieri

Carrie Pritts

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